

# Ealing Family Support information



## Ealing Parent Carer Forum

Ealing Parent & Carer Forum (EPCF) was set up to give local parents a voice in planning and delivering services to children with additional needs. If you care for a child or young adult with additional needs in education, health or social care, EPCF is for you.

We work to ensure Ealing Council, local health and other service providers understand what children and young adults really need to deliver the support that is so essential to their development. We also organise information sessions on a variety of topics, and will be running monthly coffee mornings focusing on our three main areas of work - Education, Health and Social Care.

To register with us and receive email news and information, please email Natasha at [info@epcf.org.uk](mailto:info@epcf.org.uk)

Natasha Parslow

(Participation Co-ordinator)

[info@epcf.org.uk](mailto:info@epcf.org.uk)



**EALING SEND IASS**  
Ealing Special Educational Needs and Disability Information,  
Advice and Support Service

## Ealing SEND IASS

Ealing SENDIASS! offers free, confidential, accurate and impartial advice and support to families living in Ealing with a child up to the age of 25 who has special educational needs or a disability (SEND).

They provide easily accessible information, advice and support to children and young people up to the age of 25 with SEND. They also work with parents and carers to raise awareness of their rights and help families make informed decisions about matters relating to SEND, including issues such as health and social care.

They support families to develop and maintain good relationships with schools, colleges, the local authority and other professionals in order to secure the best outcomes for the person with SEND.

020 3886 2062

[info@ealingsendiass.org.uk](mailto:info@ealingsendiass.org.uk)

[www.ealingsendiass.org.uk](http://www.ealingsendiass.org.uk)



Supporting Parents & Carers in Ealing

## Ealing Anchor Foundation

Ealing Anchor Foundation, formerly known as P.E.S.T.S (Parents of Ealing Self Help Training Scheme), provide information, advice, support to parents and carers of children aged 0-5 with SEND (no diagnosis needed) and living in the London Borough of Ealing.

EAF are part of the Ealing Advice Service funded by the borough of Ealing to provide information and advice to residents.

They offer a range of services and referrals can be made by professionals, services or a parent carer.

020 8571 9954

[info@ealinganchor.org.uk](mailto:info@ealinganchor.org.uk)



## ADHD Ealing

The purpose of this group is to give parents and carers of children/young people, with ADHD (diagnosed or not), a support network.

The group meets termly for coffee in various venues across Ealing, and aims to provide a safe space to meet and talk with other parents and carers.

Please join the Facebook group or email the info address to be added to our mailing list for updates.

[info@adhdealing.co.uk](mailto:info@adhdealing.co.uk)



## Ealing Mencap

Ealing Mencap is one of the largest charities in the borough supporting people with learning and other disabilities and their families and carers; giving them every opportunity to achieve their potential.

They offer a broad range of activities and services to help build young people's skills and confidence, form friendships and lead active, healthy lives.

These include Saturday activity clubs, holiday schemes, Employment training support (for young people aged 14-25 years).

Direct enquiries by email: [referrals@ealingmencap.org.uk](mailto:referrals@ealingmencap.org.uk) or call and speak to the Service Manager. From there we will be able to take you through what is on offer. Some provision is for specific age ranges, some will need to be funded, others are free to access or have a minimal charge per session.

020 8566 9575

[www.ealingmencap.org.uk](http://www.ealingmencap.org.uk)

## contact Contact

*For families  
with disabled children*

Contact Ealing are part of Contact, a national charity supporting families of children with any type of special educational need and / or disability with advice and support.

They can support with: information and advice regarding your disabled child's needs, SEN support in schools, DLA & PIP applications and reconsiderations, grants for families, benefits support for disability elements and universal credit, understanding the diagnosis, referrals to specialist, statutory and voluntary services, transition support, Blue Badge applications, and information about leisure and respite opportunities.

Contact offer regular Walk & Talks in local parks, workshops, and trips during school holidays.

[ealing@contact.org.uk](mailto:ealing@contact.org.uk)



## The Log Cabin

The Log Cabin Charity provides a setting where children and young people with additional needs or disabilities can socialise, grow and have fun. It provides places for children and young people aged 5-15 years.

The venue has a large outdoor space as well as indoor facilities - there are a wide variety of activities including sport, group games, gardening, cooking, arts and crafts, role play, music and dance.

Children must be registered in advance ([www.logcabin.org.uk](http://www.logcabin.org.uk)) and their places booked. Children will be assessed to decide what level of support they will need while at the Log Cabin.

020 8840 3400

[info@logcabin.org.uk](mailto:info@logcabin.org.uk)

[www.logcabin.org.uk](http://www.logcabin.org.uk)



### Ealing Local Offer

For 0-25 year olds with special educational needs or a disability

[www.ealinglocaloffer.org.uk](http://www.ealinglocaloffer.org.uk)



### Ealing Families Directory

For information related to families living in Ealing.

[www.ealingfamiliesdirectory.org.uk](http://www.ealingfamiliesdirectory.org.uk)